

CERVICAL COLLAR PLACEMENT

Job Title: Nurse

Trauma Services: Emergency Center

Employee ID #: _____

Employee Name: _____

Initials: _____

Date: _____

Preceptor Name: _____

Initials: _____

Date: _____

NOTE: On-the-Job Observation must be the method of validation for at least 50% of the competencies.

Competency/Skill Review	Initial Self Assessment Date ___/___/___	Method of Validation Mentor: Date and initial one or more method					Date	Preceptor's Initials (must initial to validate each competency)
		D	CI	O	T	V		
1. Experienced 2. Some Experience 3. No Experience		D: Demonstration/skill check off O: On the Job Observation by Mentor V: Verbalization of Knowledge/Critical Thinking						CI: Classroom Instruction T: Testing
Equipment Checklist								
<ul style="list-style-type: none"> Cervical collars (C-Collars) Hard and Soft (if available) Mannequin or volunteer 								
Prerequisite Skills								
Verbalizes anatomy and physiology of the cervical spine, muscles, nerves, and vessels	1 2 3							
Discuss clinical findings and indications for utilization of a cervical immobilizer	1 2 3							
Identifies potential complications of C-Collar use: <ul style="list-style-type: none"> • Impaired swallowing, breathing , coughing • Aspiration • Increased jugular venous pressure • Skin irritation/breakdown • Limited vision and range of motion 	1 2 3							
Verbalizes correct measurement of C-Collar in regards to patient size	1 2 3							
Demonstrates application of C-Collar maintaining Cervical Spinal Motion Restriction (CSMR)	1 2 3							
Preparation								
Reviews order and protocol	1 2 3							
Measures neck of patient to select appropriate size of collar	1 2 3							
Assesses patient for any special conditions	1 2 3							
Explains procedure and rationale for C-Collar placement to the patient. Include the fact that while it may not be comfortable, it should not be painful.	1 2 3							
Procedure								
Performs hand hygiene	1 2 3							
Verifies patient identity using 2 identifiers	1 2 3							
Directs a second skilled person to maintain manual Cervical Spinal Motion Restriction (CSMR)	1 2 3							

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Performs a pre-intervention assessment: • Airway • Breathing • Circulation • Motor movement/function • Sensation • Pain	1 2 3							
Applies and adjusts C-Collar as needed (while CSMR is being maintained).	1 2 3							
Demonstration								
<ul style="list-style-type: none"> 🍏 Maintaining Cervical Spinal Motion Restriction (CSMR) 🍏 Placement of Cervical Collar 🍏 Reassess patient status after collar application 								
Re-Assessment and Primary Survey								
Evaluate for most restriction of movement with least discomfort.	1 2 3							
Assesses patient for the following, post C-Collar placement: • Airway • Breathing • Circulation • Motor movement/function • Sensation • Pain	1 2 3							

- Kornusky J; Caple C. CINAHL Nursing Guide. Cervical Collar, Soft: Applying—CE Module. EBSCO Publishing, (Ipswich, Massachusetts); 2015 Mar 20
- Cervical collar application. (2014). Lippincott nursing procedures and skills. Retrieved November 4, 2014, from <http://procedures.lww.com/Inp/view.do?pld=792049>
- Cunha, J. P. (n.d.). Whiplash. Emedicine health. Retrieved January 20, 2015, from http://www.emedicinehealth.com/whiplash/article_em.htm