

# Texas Emergency Medical Task Force

Standard Operating Guidelines

1210.03<sub>mmu</sub>

**Title: Personal Packing List**

**Date Issued:**

**Revision Number: 1**

**Purpose:** To establish a standard guideline for members of the Texas Emergency Medical Task Force, Mobile Medical Unit's team to use when preparing their personal equipment/belongings for deployments.

**Scope:** This guideline is to be used to assist all MMU Team members in their preparation for team deployments. Members may elect to add additional items to their deployment bag.

All personal items should be clearly marked with the members first and last name, contact number and EMTF region.

**General:** It the responsibility of each member to purchase, store and make ready any and all personal gear for deployments. Members may be issued a team bag at the mobilization center and are responsible for the packing of their gear in the bag. Each member will be responsible for the content and carrying of their bag. Members are authorized to carry one personal bag such as backpack for items they may need during travel.

Members are discouraged from bringing valuable items such as laptops, iPads and other electronics on deployments. If a member will be using an item as part of their assigned job in the MMU it must be logged in on the member's deployment forms with the logistics officer during check-in at the Mobilization Center.

*Any personal equipment that is not authorized by the Group Supervisor or logged in will not be repaired or replaced if damaged or stolen.*

*NOTE: All efforts should be made to keep personal gear bags at 50lbs or less. If the team is called to travel to another region by commercial airline, rules and regulations for that air carrier should be followed. Any item or items that are not permitted should be removed from your gear.*



### 1210.03.01 Uniforms:

- Navy or Black BDU Pants 3 – 5  
*(Navy 5:11 preferred) (personal)*
- Black Leather or Web Belt 1  
*(personal)*
- Boots *(personal)* see 1210.03.02

All other TX EMTF Uniform components (EMTF scrub top(s), State EMTF long sleeved team T-shirt and Hi-Vis jacket) will be issued at the Regional Mobilization Center.

### 1210.03.02 Personal Garments:

All personal garments should be identified as belonging to the member and labeled with member's name & TX EMTF Region and should be appropriate to wear in the work setting. A list of personal items that are not permitted can be found in SOG: *100.04 Uniform and Dress Code*.

Suggested personal items are as follows:

- Undergarments 5
- Socks (pair) 7
- Sunglasses 1
- T-Shirts 2
- Shorts 1
- Bathing Suit 1
- Boonie (Floopy-brimmed) Hat 1
- Cold Weather Gear as needed

### 1210.03.03 Foot Wear:

- Black Work Boots or shoes 1  
*Waterproof boots with slip resistant soles with crush proof toes preferred (personal)*
- Athletic Shoes 1
- Shower Shoes 1

### 1210.03.04 Hygiene/Toiletries:

- Mesh Laundry Bag 1
- Hand Sanitizer 1
- Baby Wipes
- Toiletries (keep in portable bag)
- Extra pair of glasses or extra contact lenses



*1210.03 – Personal Packing List*

- Prescription Medications up to 14 Days
- OTC Medications up to 14 Days
- Towel 1 – 2
- Shampoo 1
- Liquid Body Soap 1
- Woolite® Detergent 1
- Lip Balm with sun screen
- Feminine items (tampons, makeup etc.)
- Sunscreen
- Insect Repellent

**1210.03.05 Bedding:**

- Sleeping Bag 1
- Pillow 1
- Blanket 1
- Sleeping Pad 1

**1210.03.06 Miscellaneous Gear:**

- Large Zip-lock Bags Assorted
- Snacks/Drink Mix/MREs
- Cards/Games
- Field guides (NIMS, ICS, public health emergencies, emergency response etc.)
- Cash \$100.00
- Flash Light & or Head Lamp 1
- Personal Work Gloves 1
- Soft Ear Plugs 3-4 pair
- Spare Batteries 2
- Power Strip 1
- Cell Phone & Charger 1
- Leatherman Style Multi-tool 1
- Pocket Knife 1
- \$5 of Quarters
- 550 (Parachute) Cord 100ft
- 1 Camelback or 2 Water Bottles
- Duct Tape 1

